Make someone else's bed today

Write someone a nice letter

Draw someone a picture

Put away three things around the house that aren't yours.

Find or buy a toy to donate

Let someone in line in front of you

Decorate cookies for someone

Do someone else's chore

Help clean something you love them

Help someone with something

Return someone's cart for them

Share a treat with someone

Tell someone

Give someone a hug

Say something nice to someone

Hold the door for someone

Give someone a compliment

Rake leaves or shovel snow in a neighbor's yard

Say as many nice things to people as you can think of today

